



You're incredible, teachers! We've collaborated with your fellow educators to collect some treats to make your Teacher Appreciation Week extra special.

Download each of the items below to complete your care package!

Phone Backgrounds

Get some inspiration at your fingertips, with inspiring words from a fellow teacher.

(<https://s3.amazonaws.com/teacher2teacher-media/single-file/web/app/uploads/2021/04/22172515/elisa-wingort.png>)

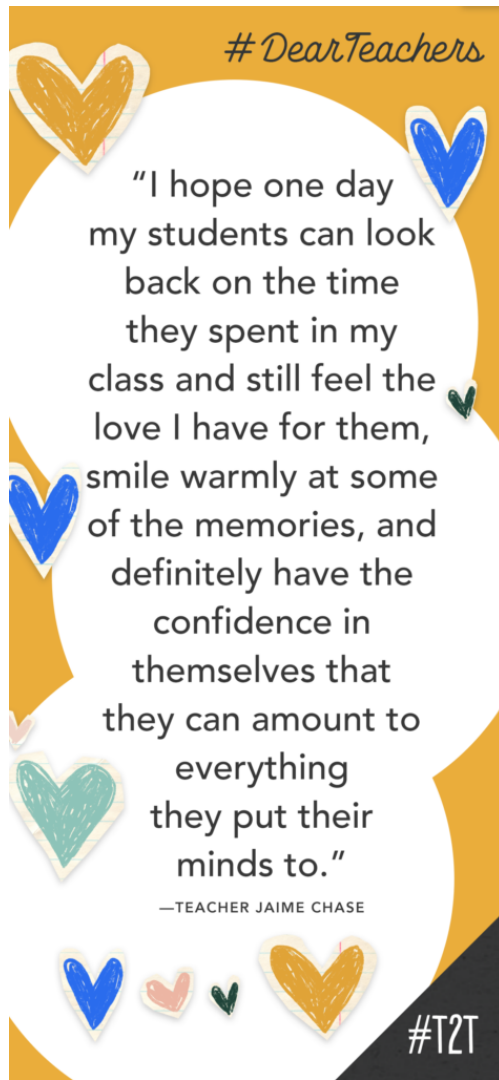
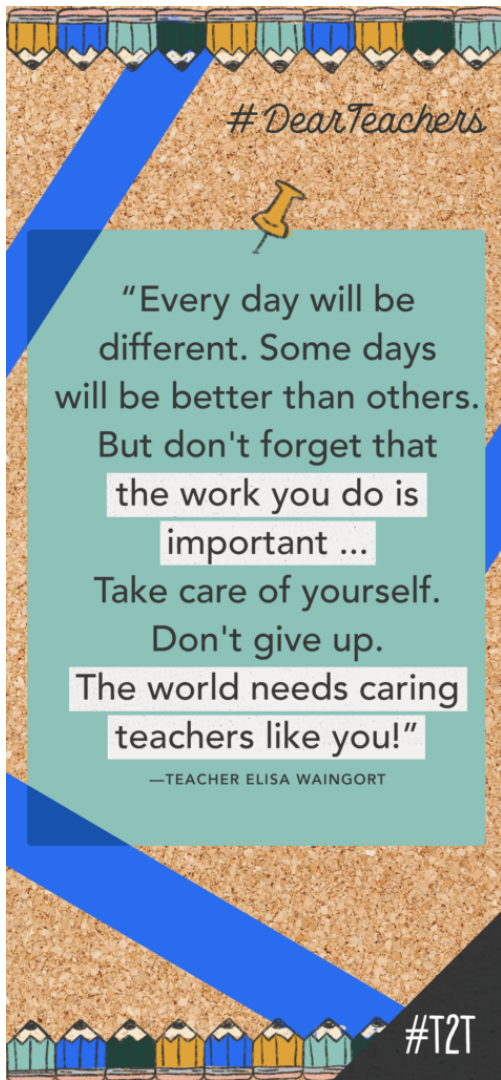
Download here!

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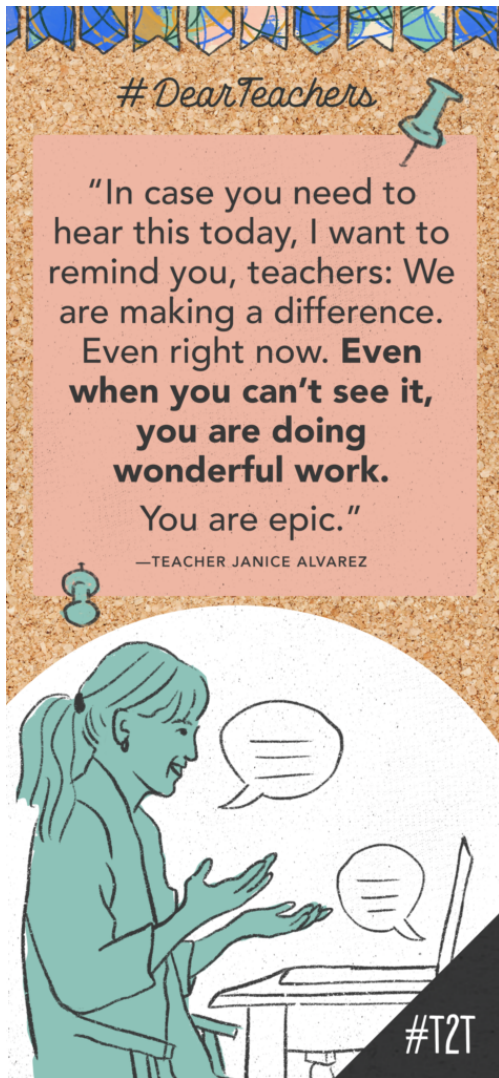
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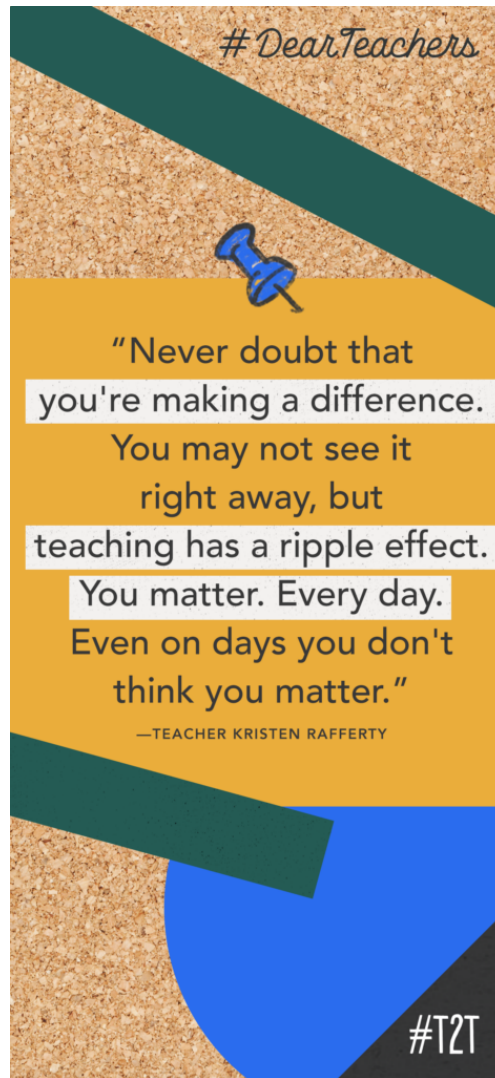
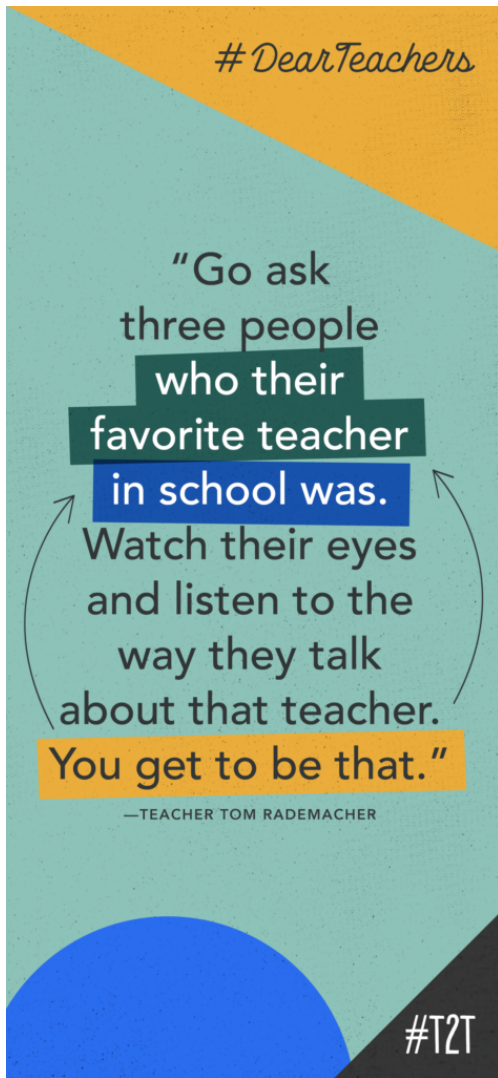
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(<https://s3.amazonaws.com/teacher2teacher-media/single-file/web/app/uploads/2021/04/22172539/kristn.png>)



Bookmarks

Check out these titles recommended by teachers, for teachers – and print them out to keep them handy!

(<https://s3.amazonaws.com/teacher2teacher-media/single-file/web/app/uploads/2021/04/27105942/T2T-3517-TAW2021bookmark-v2.pdf>)



DOWNLOAD & PRINT THIS BOOKMARK!

Coloring Pages

Take a few moments to relax and color, or keep your hands busy during an upcoming Zoom meeting.



(<https://s3.amazonaws.com/teacher2teacher-media/single-file/web/app/uploads/2021/04/23101037/TAW-coloringsheet2.png>)



(<https://s3.amazonaws.com/teacher2teacher-media/single-file/web/app/uploads/2021/04/23101039/TAW-ColoringSheet1-1.png>)

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(<https://s3.amazonaws.com/teacher2teacher-media/single-file/web/app/uploads/2021/04/23101042/TAW-coloringsheet3.png>)

Educator-Recommended Books, Podcasts and Self-Care Strategies

Find out what books, podcasts and self-care strategies are brightening the days of teachers like you – and add them to your spring or summer plans!

(<https://s3.amazonaws.com/teacher2teacher-media/single-file/web/app/uploads/2021/04/27105953/T2T-3521-v2.pdf>)

Download here! (<https://s3.amazonaws.com/teacher2teacher-media/single-file/web/app/uploads/2021/04/27105953/T2T-3521-v2.pdf>)



Self-Care Bingo

See the habits and activities that fill your fellow teachers' cups! Fill out your bingo board to keep track of the ways you're taking care of yourself.

(<https://s3.amazonaws.com/teacher2teacher-media/single-file/web/app/uploads/2021/04/23102001/TAW2021-bingo.pdf>)

Download here! (<https://s3.amazonaws.com/teacher2teacher-media/single-file/web/app/uploads/2021/04/23101037/TAW-coloringsheet2.png>)



I woke up early to read for 30 minutes.	I did some indoor or outdoor gardening.	I did a 30-minute workout.	I put a puzzle together.	I caught up with a good friend or two.
I drank a good cup of coffee.	I took a short walk after a long day.	I made a health appointment I've been putting off.	I made my workspace a "happy" space with plants, music or snacks.	I scheduled a personal day.
I set aside an evening for myself.	I reserved one day of the weekend and made NO plans.	I got some extra sleep.	I made a list of tasks I've completed and checked them all off!	
I cut myself some slack.	I indulged in a habit I enjoy for 5 minutes or more.	I abandoned my to-do list after I got through the essentials.	I watched a favorite movie.	I sent a note thanking someone.
I reached out to a former student to see how they're doing.	I sent warm wishes to my colleagues.	I left a note of encouragement for a new teacher.	I wrote down inspiring words and stuck them in a place I can see them.	I wrote myself a note reflecting on my "Why."

Ideas contributed by educators Melody Gerard, Samantha Neill and Stephanie Fisher

TEACHER2TEACHER

Make Your Own #DearTeachers Graphic

Join in a celebration of teachers everywhere: Create and share a graphic to highlight the simple fact that teachers are incredible!

(<http://share.teacher2teacher.education/dear-teachers-2021?code=care-package>)

Make your graphic! (<http://share.teacher2teacher.education/dear-teachers-2021?code=care-package>)

